

# Programmes iPress

|         | Famille de pathologie | Pathologie                            | Sous étape                                    | Nom du programme       | N°pgm  | Tps/Pression | iPress 10+ | iPress 10 | iPress 6 |
|---------|-----------------------|---------------------------------------|-----------------------------------------------|------------------------|--------|--------------|------------|-----------|----------|
| Jambes  | Pathologies veineuses | Insuffisance veineuse                 | Jambes lourdes sans varices                   | Resorption             | 1      | 25min/30mmHg | ✓          | ✓         | ✓        |
|         |                       |                                       | Ulcères veineux +/- cicatrisés                | Resorption             | 1      | 25min/30mmHg | ✓          | ✓         | ✓        |
|         |                       |                                       | Prévention TVP                                | Resorption             | 1      | 25min/30mmHg | ✓          | ✓         | ✓        |
|         |                       |                                       | Insuffisance veineuse chronique (perforantes) | Effleurage double      | 6      | 25min/40mmHg | ✓          | ✓         | ✓        |
|         |                       | Troubles circulatoires                | Varices+IMC normal                            | Effleurage simple      | 2      | 25min/40mmHg | ✓          | ✓         | ✓        |
|         |                       |                                       | Varices+IMC >30                               | Effleurage large       | 5      | 25min/40mmHg | ✓          | ✓         | ✓        |
|         |                       |                                       | Syndrome post-thrombotique                    | Effleurage double      | 6      | 25min/40mmHg | ✓          | ✓         | ✓        |
|         | Œdèmes                | Oedeme inflammatoire/post-traumatique |                                               | Résorption             | 1      | 25min/30mmHg | ✓          | ✓         | ✓        |
|         | Lymphœdème            | Thérapie décongestive                 | Phase décongestion                            | Appel-Résorption large | 7-9(6) | 25min/50mmHg | ✓          | ✓         | ✓        |
|         |                       |                                       | Phase consolidation LO                        | Drainage péristaltique | 3      | 25min/30mmHg | ✓          | ✓         | ✓        |
|         |                       | Récidive LO                           |                                               | Résorption détente     | 4      | 25min/30mmHg | ✓          | ✓         | ✓        |
|         |                       | LO persistant                         |                                               | Fragmentation          | 10     | 50min/50mmHg | ✓          | ✓         |          |
|         |                       | LO transitoire/prévention LO          |                                               | Appel-Résorption large | 7-9(6) | 25min/50mmHg | ✓          | ✓         |          |
|         | Bien-être             | Elimination des toxines               |                                               | Drainage péristaltique | 3      | 25min/30mmHg | ✓          | ✓         |          |
|         |                       | Détente                               |                                               | Résorption détente     | 4      | 25min/30mmHg | ✓          | ✓         | ✓        |
|         |                       | Récupération sportive                 |                                               | Résorption détente     | 4      | 25min/30mmHg | ✓          | ✓         | ✓        |
|         |                       | Récupération sportive intense         |                                               | Drainage péristaltique | 3      | 25min/30mmHg | ✓          | ✓         |          |
| Bras    | Lymphœdème            | Thérapie décongestive                 | Phase décongestion                            | Appel-Résorption       | 11     | 25min/50mmHg | ✓          | ✓         | ✓        |
|         |                       |                                       | Phase consolidation LO secondaire             | Resorption             | 1      | 25min/30mmHg | ✓          | ✓         | ✓        |
|         |                       | LO persistant                         |                                               | Fragmentation          | 10     | 50min/50mmHg | ✓          | ✓         |          |
|         |                       | LO transitoire                        |                                               | Appel-Résorption       | 8      | 25min/50mmHg | ✓          | ✓         |          |
|         | Oedème                | Oedeme inflammatoire/post-traumatique |                                               | Résorption             | 1      | 25min/30mmHg | ✓          | ✓         | ✓        |
|         | Bien-être             | Détente                               |                                               | Résorption détente     | 4      | 25min/30mmHg | ✓          | ✓         | ✓        |
|         |                       | Récupération sportive                 |                                               | Résorption détente     | 4      | 25min/30mmHg | ✓          | ✓         | ✓        |
|         |                       | Récupération sportive intense         |                                               | Drainage péristaltique | 3      | 25min/30mmHg | ✓          | ✓         |          |
| Abdomen | Bien-être             | Détente                               |                                               | Résorption détente     | 4      | 25min/40mmHg | ✓          | ✓         | ✓        |
|         | Bien-être             | Massage stimulant                     |                                               | Résorption             | 1      | 25min/50mmHg | ✓          | ✓         | ✓        |
|         | Paresse intestinale   |                                       |                                               | Résorption             | 1      | 25min/50mmHg | ✓          | ✓         | ✓        |