

## iPress programs

0	Pathology family	Pathology	Sub step	Program Name	N°pgm	Tps/ Pressure	iPress 10+	iPress 10	iPress 6
Legs	Venous pathologies	Venous insufficiency	Heavy legs without varicose veins	Resorption	1	25min/30mmHg	•		•
			Venous ulcers +/- healed	Resorption	1	25min/30mmHg			
			DVT Prevention	Resorption	1	25min/30mmHg			
			Chronic venous insufficiency (perforating)	Double effleurage	6	25min/40mmHg			
		Circulatory disorders	Varices+IMC normal	Simple effleurage	2	25min/40mmHg	<b>②</b>		
			Varices+IMC >30	Wide effleurage	5	25min/40mmHg			
			Post-thrombotic syndrome	Double effleurage	6	25min/40mmHg			•
	Edema	Inflammatory/post-traumatic edema		Resorption	1	25min/30mmHg			
	Lymphedema	Decongestant therapy	Decongestion phase	Call-Wide Resorption	7-9(6)	25min/50mmHg	•	•	•
			Phase consolidation LO	Peristaltic drainage	3	25min/30mmHg	<b>O</b>	•	
		LO Recidivism		Relaxation absorption	4	25min/30mmHg	•		•
		The persistent LO		Fragmentation	10	50min/50mmHg	•	•	
		LO transient/prevention LO		Call-Wide Resorption	7-9(6)	25min/50mmHg	0	•	
	Well-being	Elimination of toxins		Peristaltic drainage	3	25min/30mmHg	•		
		Relaxation		Relaxation absorption	4	25min/30mmHg	•		•
		Sports recovery		Relaxation absorption	4	25min/30mmHg			
		Intense sports recovery		Peristaltic drainage	3	25min/30mmHg	0	0	
Arms	Lymphedema	Decongestant therapy	Decongestion phase	Call-Resorption	11	25min/50mmHg	•	•	•
			Secondary LO consolidation phase	Resorption	1	25min/30mmHg		•	•
		The persistent LO		Fragmentation	10	50min/50mmHg	•	•	
		THE transient		Call-Resorption	8	25min/50mmHg	<b>②</b>	•	
	Edema	Inflammatory/post-traumatic edema		Resorption	1	25min/30mmHg	<b>②</b>		•
	Well-being	Relaxation		Relaxation absorption	4	25min/30mmHg	<b>②</b>		
		Sports recovery		Relaxation absorption	4	25min/30mmHg	•	•	•
		Intense sports recovery		Peristaltic drainage	3	25min/30mmHg	•	•	
	Well-being	Relaxation		Relaxation absorption	4	25min/40mmHg			
Abdomen	Well-being Well-being	Relaxation  Massage stimulant		Relaxation absorption  Resorption	1	25min/40mmHg 25min/50mmHg	0	0	0